

LESSON MARK 5: DELIVERANCE

OBJECTIVE: For you to become aware of the bondage areas of your life, so that you can be free to live, in the mind, body, and emotions.

Background to Gospel of Mark

- Mark wanted to present Jesus as the Servant of God, who came to preach the gospel, (1:38)
- He wanted to call sinners to repent and receive the message of Jesus (2:17)
- Mark wanted to explain the life of Jesus and who Jesus was?
 - He was the Son of God (1:11, 11; 14:61; 15:39)
 - He was the Son of Man (2:10; 8:31; 13:26)
 - He was the Messiah 8:29
 - He was Lord (1:3; 7:28)

Major point: Deliverance – Mark 1:25-26

- People in the Bible were affected with demonic spirits:
 - Matthew 8:28-34 – 2 men were possessed
 - Luke 8:2 – The women who were a part of Jesus' ministry

The activity of demonic spirits is to make Christians ineffective in the gospel ministry and Gods plan for your life. Demonic spirits enter in to break up your home and family unit. To disrupt peace and harmony in the church.

Prayer for Your Home: (Write a prayer of protection over evil spirits for your home)

Christians experience problems such as listed below when they are afflicted by an unclean spirit:

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|----------------------------------------------|--------------------------------|
| 1. Times of being miserable | 10. Bouts of Anger |
| 2. Uncontrollable bouts of depression | 11. Rebellion against values |
| 3. Giving up and not willing to move forward | 12. Inability to break a habit |
| 4. Sickness | |
| 5. Depression and loneliness | |
| 6. Resentment and bitterness | |
| 7. Social Media addiction | |
| 8. Apathy/Compliancy | |

9. Lack of Compassion

All of these and more can be attributed to demonic attacks.

Big Question: How does a person get this way?

I. Demonic Spirits Attack the Mind

Satan loves attacking the Christians mind. A lot of times, we waste precious moments by being passive and idle. We must remember time is a gift from God, we must use it wisely. We must learn to take advantage of time by being disciplined and committed

Read Matthew 22:37 – What does it say about the mind? _____

Christians become infected with demonic spirit because their minds are not in

A. The Unclean Spirit controls behavior

1. An unclean spirit was in the man vs. 2

2. The unclean spirit was strong vs. 3-5

An unclean spirit has a craving to occupy your physical body, causing you to act in a contrary way than you were created for vs. 5

Unclean spirits look for places to dwell: Matthew 12:44 & Luke 22:3-4

B. The Unclean Spirit is Intelligent vs 7

In vs. 7 who did the spirit recognize: _____.

He asked Jesus not _____.

C. The Man's Mind was Restored vs. 15

A normal mind is at peace, quiet, and serene, Isaiah 26:3

II. Demonic Spirits Attack the Body

Read: Mark 5:25 -31

2. A Woman, saw Jesus in the crowd

Condition: The woman suffered from a condition of hemorrhaging, for 12 years she had been to doctors for treatment – the Drs. Just took her money and left her worse, she was not helped vs. 26

Her act of faith: If I can touch his garments and touch vs. 27

Her Statement of healing: “I **will get well**” vs. 28

Big Question: What is Divine Healing?

- She was healed vs. 29
- She felt in her body she was healed of her affliction
- Jesus perceived power/energy had gone from his body

Types of Afflictions				
<i>Affliction is that which causes pain or suffering</i>				
Diabetes	Alcoholism	Migraines	Vertigo	Degenerative joint disease
Kidney Disease	Cancer	High Blood Pressure		

Steps to Heal Your Body: (Write 3 things you will do for healing in your body)

1. _____
2. _____
3. _____

III. Demonic Spirits Attack the Emotions

Action Steps for Divine Healing

Scripture Reference: Mark 5: 35-43

Vs. 35 Jarius' daughter died?

1. Do you accept your condition as final? _____

Vs. 36 Jesus said, “Do not be afraid any longer, only believe.

2. What are you fearful of or what phobia do you have about changing your condition?

Vs. 38 He only allowed Peter, James, and John

3. Who's on your Divine Healing Team? Have you thought about a Team of prayer warriors to pray about healing?

Vs. 39 Jesus said, "The child has not died, but is asleep."

4. What is the opposite scenario of your current situation? For example, what is the opposite of High Blood Pressure? Have you believed God for the deliverance to take place in your life? Have you believed God for what your changed self feels and looks like?
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Vs. 40 "But putting them all out."

5. Who do you need to remove from your life, that is hindering your healing?
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Divine Healing – Transfer of Jesus' energy to the afflicted place in your body

Action Steps for Divine Healing – Mark 5:35-43

1. Do you accept your condition as final? Vs. 35
2. Are you fearful about changing your condition vs. 36
3. Have you asked for Divine prayer warriors vs. 38
4. What is the opposite scenario of your current situation? Vs. 39
5. Who do you need to remove from your life, that maybe hindering your healing? vs. 40