

## Lesson 3: Make Me A Better Person

### Scripture Reference: Mark 5:21-43

**OBJECTIVE:** To assess afflicted areas of your life and put action steps in place to change current condition, to be a better person.

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### Introduction

To better one's life, one must think and determine, which areas of life need focus for change to occur:

**QUESTION:** What area of your life would you make a conscious decision to get better?

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Physical Health  | <input type="checkbox"/> Mental Health | <input type="checkbox"/> Decision Making | <input type="checkbox"/> Spiritual Growth |
| <input type="checkbox"/> Financial Health | <input type="checkbox"/> Relationships | <input type="checkbox"/> Knowledge Base  | <input type="checkbox"/> Loving Person    |
| <input type="checkbox"/> Responsibility   | <input type="checkbox"/> Better Spouse | <input type="checkbox"/> Better Parent   | <input type="checkbox"/> Better Friend    |
| <input type="checkbox"/> Give up a Habit  | <input type="checkbox"/> Active Reader | <input type="checkbox"/> Other _____     |   |
| <input type="checkbox"/> Other            | _____                                  |  |   |
| <input type="checkbox"/> Other            | _____                                  |  |   |
| <input type="checkbox"/> Other            | _____                                  |  |   |

### Two Questions:

1. Have you written down, one thing you need to do to accomplish the above: If not, write it down. And if you have, write it again:

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2. Reviewing what you checked above, why is that area a hinderance for your growth?

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### Lesson Focus

#### Three Scenarios of Divine Healing

Refer John 5:6 "Do You Wish to get well?"

QUESTION: Is becoming well a real possibility for your life?

Read Mark 5: 21-25

1. Synagogue Official – Jarius – seeing Jesus, fell at his feet

**Condition:** Daughter at the point of death

**Request:** "Please come and lay Your hands on her, so that she will get well and live."

**His act of faith:** He trusted in the demonstration of “Laying of hands”?

**Her Statement of healing:** “She **will get well**”

**Read: Mark 5:25 -31**

2. A Woman, saw Jesus in the crowd

**Condition:** The woman suffered from a condition of hemorrhaging, for 12 years she had been to doctors for treatment – the Drs. Just took her money and left her worse, she was not helped vs. 26

**Her act of faith:** If I can touch his garments and touch vs. 27

**Her Statement of healing:** “I **will get well**” vs. 28

What is Divine Healing?

- She was healed vs. 29
- She felt in her body she was healed of her affliction
- Jesus perceived power/energy had gone from his body

Types of Affliction				
<b><i>Affliction is that which causes pain or suffering</i></b>				
Diabetes	Alcoholism	Migraines	Vertigo	Degenerative joint disease
Kidney Disease	Cancer	High Blood Pressure		

Definition of Divine Healing: The transfer of Jesus’ energy to the afflicted place in your body

What transfers that energy from Jesus to you?: \_\_\_\_\_

What are you willing to \_\_\_\_\_ to be healed

**QUESTION:** Have you been totally honest with Jesus about your affliction?

- She was aware of what happened to her. Aware of the change. She experienced transformation. You should feel a change in your body.
- She told him the whole truth of her situation.
- She left Jesus with peace and healing.

**QUESTION:** What did the woman experience: \_\_\_\_\_  
Explain why: \_\_\_\_\_  
\_\_\_\_\_

**Conclusion: Action Steps for Divine Healing**

Scripture Reference: Mark 5: 35-43

Vs. 35 Jarius' daughter died?

1. Do you accept your condition as final? \_\_\_\_\_

Vs. 36 Jesus said, "Do not be afraid any longer, only believe.

2. What are you fearful of or what phobia do you have about changing your condition?  
\_\_\_\_\_

Vs. 38 He only allowed Peter, James, and John

3. Who's on your Divine Healing Team? Have you thought about a Team of prayer warriors to pray about healing?

Vs. 39 Jesus said, "The child has not died, but is asleep."

4. What is the opposite scenario of your current situation? For example, what is the opposite of High Blood Pressure? Have you believed God for the deliverance to take place in your life? Have you believed God for what your changed self feels and looks like?  
\_\_\_\_\_

Vs. 40 "But putting them all out."

5. Who do you need to remove from your life, that is hindering your healing?  
\_\_\_\_\_