

## *Study of the Doctrine of the Holy Spirit*

### LESSON 1: COMMITTED TO PERSONAL DISCIPLINE

**OBJECTIVE:** To prioritize the role of the Holy Spirit in your life, to make you a better person, as You live as a disciple of Jesus Christ.

**Scripture References:**

1. I Peter 2:2 – “that you may grow in respect to salvation.”
2. 2 Peter 1:3 – You have everything you need for godliness.

*As we begin a new year, list the goals you have committed yourself to achieve:*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**QUESTION:** Would you say you are committed to personal growth in this season of your life more than any other time in your life? \_\_\_\_\_ Yes or \_\_\_\_\_ No

**Three Key 2024 Words for Personal Growth:**

**1. Discipline** – Is developing and learning *control* over areas of our lives.

Scripture Reference: I Timothy 4:7 – “Discipline yourself for the purpose of godliness.”

Godly people are disciplined people. One way to change is through the practice of spiritual discipline.

**List of Spiritual Disciplines:** Check the top three that will help you achieve your goals.

- \_\_\_ 1. Bible Intake – Reading and studying the Word, practicing application along with meditation.
- \_\_\_ 2. Prayer – Communicating with God.
- \_\_\_ 3. Worship – Focusing and responding to God and ascribing worth to God.
- \_\_\_ 4. Evangelism – Sharing the good news of Christ with others.
- \_\_\_ 5. Service – Demonstrating acts of kindness that meets peoples needs.
- \_\_\_ 6. Stewardship – The tithing/giving of our time, finances, and gifts to the Lord.
- \_\_\_ 7. Fasting – The abstinence of food for spiritual purposes.
- \_\_\_ 8. Silence – The temporary abstention from speaking
- \_\_\_ 9. Solitude – Temporarily withdrawing for privacy.
- \_\_\_ 10. Journaling – Writing down the activity of God in one’s life.
- \_\_\_ 11. Learning – Filling our head and heart with knowledge.

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### **2. Spiritual Growth**

Growth, is knowing your position in Christ (we are already perfectly position in Christ) and making that position more of a reality in your life as you practice the disciplines of the faith.

**Scripture Reference:** Ephesians 4:15 – We are growing up to Christ to achieve righteousness and godliness.

The goal is to grow in Christlikeness.

**QUESTION:** How would you describe Christlikeness to someone?

### **3. Spiritual Maturity**

Spirituality: Is achieving something far beyond the material world and beyond our comprehension to even conceive.

Scripture Reference: Romans 8:6

The job of the spirit is to transcend life. The purpose of life is to move from where we are to where we might be or where God wants us to be. The spirit imparts to life quality versus quantity.

The Holy Spirit provides the substance for a believer to live a Christlike life.

Thus, spiritual experience is a heightened or expanded consciousness because the spirit illuminates the mind.

**QUESTION:** So, what does the believer need to focus on to achieve personal goals and to grow spiritually? Focus on being filled with the spirit. The indwelling PRESENCE of the Holy Spirit provides the living to bear the fruit of the Spirit (Galatians 5:22-23)

**List the fruit of the Spirit:**

1. Love - \_\_\_\_\_
2. Joy - \_\_\_\_\_
3. Peace - \_\_\_\_\_
4. Patience \_\_\_\_\_
5. Kindness \_\_\_\_\_
6. Goodness \_\_\_\_\_
7. Faithfulness \_\_\_\_\_
8. Gentleness \_\_\_\_\_
9. Self-Control \_\_\_\_\_

The indwelling presence of the Holy Spirit will help you to be disciplined spiritually, while you achieve your personal grows.