



## Lesson 3

# The Fall of Man – Part II

### Genesis 3:8-19

**OBJECTIVE:** One should have the power to overcome the temptations that confront them.

**Definition of TEMPTATION:** the urge or lure to do something that is normally wrong and goes against the will of God.

### INTRODUCTION

**QUESTION:** Why is it that man struggles with temptations?

List some temptations: Overeating, Overuse of Social Media, Overspending of Money, Gambling, Committing sexual sins....

How is it that man quenches the Holy Spirit (I Thess. 5:19), which is a sin, but cannot quench the lust of the flesh (Galatians 5:19)?

Genesis 3 marks the fall of man due to sin. We know from chapter 2 that God gave some specific *dos and don'ts* concerning man's responsibility in the garden. One of the don'ts concerned the tree of the knowledge of good and evil, "you shall not eat, for in the day that you eat from it you will surely die."

That was man's only do not and he failed himself and God. We must ask what was so tempting about this one tree versus all of the other trees that he could eat from? Man had access to all the other fruits and vegetables of the garden but could not resist the temptation of this one tree.

### LESSON IDEAS: How To Deal with the Consequences of Temptations

#### Read Genesis 3:7- 13

#### I. Avoid Living with a Guilty Conscience, vs. 7-8

It is an extremely bad feeling when a person has to deal with a guilty conscience. It's the conscience that reminds a person of their failure to adhere to righteousness. In particular, it is when a person knows what is right and fails to stand for right in a particular situation. At that point, guilty thoughts run through one's mind, disturbing one's mental energy and placing one in an unhealthy mental and emotional place.

##### A. First Thing Is To Try and Cover One's Self

Read vs. 8 "and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden."

Why were Adam and Eve trying to cover themselves? What caused this cover up?

The problem with Adam was that they failed be clothed with God's righteousness.

## Read Daniel 12:3, Matthew 13:43

When sin entered the world, man fell short of the glory of God, Romans 3:23

### What are the consequences of disobeying God?

1. **Attempt to cover one's self**, vs. 7. Adam and Eve attempted to make garments for themselves to cover their loins out of sewed fig trees.

The appropriate attire for children of God is?

Read Job 29:14 \_\_\_\_\_

**Read Isaiah 61:10**, describes the clothes for children of God

NOTE: Guilt forces one to try to cover their disobedience with some form of religious good deed, but it's not what God originally designed.

2. **Try to hide from God**, vs. 8. Adam and Eve were trying to hide from the God who created the garden they were living in. How silly is that type of behavior?

When we sin, we try to hide from God by not attending church and not acknowledging our wrong doings. We engage ourselves in the worldliness, with the hopes that worldly noise will drown out the voice of God.

3. **Walk in fear and feel insecure**, vs. 10. Adam's response to God was, "I heard you, but I was afraid, because I was naked, so I hid myself."  
It's important to note, that God's original intent for him was to live free. Free of thoughts, free to walk around without feeling ashamed of his body.  
But because of sin, now man is ashamed of the body that God created.

Sin creates separation from God, Isaiah 59:2

4. **Point the finger at others**, vs. 12-13. Adam is now pointing the finger and blame on his wife by saying to God, it was the woman you gave me. Remember, God gave man the desires of his heart, because man is made in God's image. It is so unfair for Adam to point blame. Eve was wrong, but it's wrong to try to cover sin, by pointing the finger.

People have a hard time owning up to their own sin. Children don't want to be Christians because their parents are Christians. But they miss the point that it's a child's responsibility to have a relationship with God.

**QUESTIONS:** Be honest are you living with a guilty conscience?

**QUESTIONS:** What areas are you disobedient against God?

Do you point the finger?

Do you walk in fear?

Do you find yourself trying to hide what you do from God?

Do you attempt to cover yourself with false righteousness?

The only way not to be like Adam and Eve is to be honest with the above questions. Embrace truth, because truth will set you free.

## II. Practice Obedience

### Read Genesis 3:14-19

This portion of the account of man's sin has tremendous consequences. It is in the best interest of man not to sin because the consequences God places on man are not worth it. The suggestion to man is to live your life the right way.

Satan's whole intent was to deceive Adam and Eve and he succeeded. But everything that God had commanded is what they choose to go against. They succumbed to the trick of the enemy.

We are in a much better position than Adam and Eve in knowing right and wrong and understanding the Free Will of God. Because we have the Bible and we have the account of what Adam and Eve did, we should now be able to make smarter, wiser, and spiritual choices than they did.

### The Consequences:

- A. In vs. 14, God punished Satan. Now, that lets us know who is really in charge. God cursed Satan and said you will be cursed more than any animal. You will be cursed all the days of your life.
  1. Vs. 15 God said, I will put enmity between the seed of Satan and Eve's seed.
    - a. He shall bruise you on the head, refers to Christ bruising Satan's head  
Read Romans 16:20; Hebrews 2:14
    - b. Eve's son would be the child to deliver mankind
    - c. Eve's son will eventually be Christ, Galatians 3:16
  2. Vs. 16 God said to the woman
    - a. I will greatly multiply your pain in childbirth
    - b. In pain you will bring forth children
    - c. Your husband will rule over you
  3. Vs. 17 God said to Adam, you listened to the voice of your wife
    - a. Cursed is the ground because of you
    - b. In toil you will eat
    - c. Thorns and thistles shall grow for you
    - d. You will eat the plants of the field
    - e. By the sweat of your face, you will eat bread
    - f. You will return to the dust

### CONCLUSION:

At this point, we are trying to go forward in life moving beyond both guilt and consequences. Pray and ask God to forgive you of your past mistakes and to free your mind from guilt. It is time in your life to live righteously and progress in the will of God.