



# Lesson 2

## The Fall of Man

### Genesis 2

**OBJECTIVE:** To develop better work habits to improve your work. To understand rest is important for efficiency. To understand you are a unique and special person.

**Chapter One Review: God Worked**

**Lesson Idea 1: Improve Your Work Habits**

In this chapter, God is completing His work. He worked for six straight days, designing and creating and forming all that He wanted upon the earth.

**QUESTION:** What do we notice about God’s work habits from chapter one? Note five characteristics about the way God went about His work:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Describe your current work habits:

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What is it that you need to change about your work habits in order to be more efficient?

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One important point to note about God: \*God had no one else to help Him. Everything He needed to design a world was within Him.

What does that say about you, as one who is created in the image of God?

**Work Advice: “Spend time studying your craft.”**

**Chapter Two: God Rested**

**Lesson Idea 2: Take a Day for Rest**

**Read Genesis 2:1-3**

God did something very interesting after His six days of working. When everything was done, verse two says He rested. As a result, from all the work that He had done, all the energy He exhibited, and all the mental thinking, He rested.

God on the seventh day did two things:

1. He **blessed** the seventh day – He “praised” the seventh day
2. He **sanctified** the seventh day – He “set a part” the seventh day

Why did God fill the need to both bless and sanctify day seven?

God was pleased with the creation He made – Genesis 1:31, God saw all that He made, and it was very good.

**QUESTION:** When you work, do you take pleasure in your work, do you do just enough to get by, or do you really put your all into your work?

If you work, you should be pleased with what you have been assigned to do. If you are not pleased, then you need to rethink several things:

1. Your passion?
2. Your concentration or focus?
3. What is your reasoning for doing it?

When you work, you should enjoy what you do, so that you can put all your creative power into it.

### **Read Deuteronomy 5:14**

God sanctified the rest day, because man should work six days and rest on the seventh. The rest day would be set a part for rest and for man’s enjoyment of God’s blessings. This day is to be different from the other days for enjoyment time with God and man.

What is the difference between the **Sabbath** and the **Seventh Day**?

- The Sabbath – Exodus 31:13-16 – the seventh day is not the Sabbath.
- The Sabbath was commanded as a time of worship – Deuteronomy 5:12  
The law of the Sabbath was a law for man to keep. It was to remind him of the rest from sin in Jesus Christ. In John 5:16-18 we discover that God worked to restore what sin had tainted.

### **The Creation of Adam**

**Scripture: Genesis 2:7**

### **Lesson Idea 3: Deeply Reflect Upon Your Uniqueness**

The beauty of God’s creation and creative work is that He chose to make man in His own image. When God thought of man, He was thinking of the great relationship that the Lord God would have with man, Adam. Adam is the creation of God’s being.

- A. Adam is created, which makes him unique from everything else God created. In chapter one, God spoke a word and whatever He spoke came into existence. But for Adam, he formed him out of the dust of the ground, then breathed into Adam’s nostrils the very breath of His own life.

Verse seven says, “man became a living being (soul)”

**Read Jeremiah 1:5**

We note from these verses that God is personally involved in Adam’s creation. The way that God created man from the dust of the ground, is an indicator that man is special and unique.

**QUESTION:** What is special and unique about yourself?

How do you live out that special unique quality about yourself?

B. Adam’s environment was in the Garden of Eden.

**Read Genesis 2:9**

God specially placed Adam in Eden, which means park a place of bliss. The Lord Himself personally places Adam where He wants him and provides for him all that he needs for life and living. The Lord God gives him luxurious vegetation, beautiful trees (Ezekiel 31:8), and an abundance of fruit trees (Genesis 2:9).

**QUESTION:** Why do you think God placed Adam uniquely in the midst of Eden, this great park with the tree of life and the tree of the knowledge of good and evil?

God’s intent was for Adam to be: obedient

God planned and prepared everything for Adam’s life.

Adam was in a blessed place. Eden was a place of unlimited blessings. The waters flowed with the abundance of resources out from the four streams to bless the rest of the world.

C. God’s Plan for Adam

**Read Genesis 2:15**

1. God gave Adam work, where he could use all of his powers. The earth was perfect, so Adam did not have to worry with thorns and weeds. He could work as an outlet exercising mental joy.
2. God gave Adam dominion to name every animal God created, vs. 19. These animals were to be under Adams command. Adam was their king, where the animals were for his use and subject to his command.
3. God desired for Adam to have companionship, to be in relationship, and have personal involvement with a woman.

**Read Psalm 37: 4-5**

God had a desire for Adam, thus God took control of the situation and created desire in Adam, so that Adam could have the desires of His heart. Thus, God created the only woman for Adam.

**CONCLUSION:**

**QUESTION:** What is the desire of your heart?

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