



MOUNT SINAI MISSIONARY BAPTIST CHURCH

BIBLE STUDY

“Living a Chosen Life”

Lesson 3: A Way to Deal With the Enemy

Scripture: 1 Samuel 23

Lesson Objective: Learning to remain focused when being tested by the undermining of your enemy

Lesson Reminder:

Remember you are a chosen vessel, someone whom God selected to serve Him, (1 Samuel 16:12). God has chosen your life specifically for His purpose and glory. There are specific assignments that you are chosen to do. It is your destiny to achieve. Destiny is that magnet which pulls your life along to fulfill the mission/assignment. This important reminder will help you stay focused and not become distracted by the activity of your enemy.

Lesson Overview:

In this chapter, David's life is being sought after, by the demented King Saul on three occasions. What is it that is so special that Saul is seeking after David to kill him? How is that David does not lose self-control when his life is continually being sought?

- What would you do if someone was constantly threatening your life?
- How do you handle having to look over your shoulder throughout the day, not knowing when the enemy is going to attack?

One way to handle constant attacks is abiding by the Fruit of the Spirit – Galatians 5:22-23

Practice Discipline: Self-control, an important piece of the fruit

As a believer it is your responsibility to learn sound teaching and instruction so that you develop self-control through obedience to the Word. Self-control is a word that most people fail at adhering to its concept for everyday living. Most people know the term, but it is not a part of their thinking. There are times when people abide by self-discipline when they want to benefit from having something. For example, people discipline themselves to save for a car. However, self-control that leads to a person's righteousness draws them closer to God. It is the believer's objective to move closer and closer to God, which is the achievement of holiness. David had to practice self-control in dealing a personality type like Saul, who was just simply jealous of David. You also need to practice it for your life.

Lesson Focus

Read I Samuel 23:1-5

David, initially in this chapter, is standing up for the people of Keilah, whom are being attacked by the Philistines. (The Philistines are God's enemies). David wants to (vs. 1) aid or help the people of Keilah. David's heart is in the right place with the intent of helping people.

Specific Life Application For God's Chosen People

FIRST POINT:

I. Set Your Heart on Helping (vs. 1-5)

Chosen people of God have as their mission and purpose to help people. God is in need of people who will carry out spiritual leadership:

Spiritual Leadership is operating and achieving something far beyond what one could think or imagine that transcends life to what one could possibly think or imagine. It is operating in the Spirit, where the mind is illuminated and the conscience is heightened.

QUESTION: Who are you helping? What people group has God assigned for you to help? Review the chart below. Which group is a part of your assignment? Who are you called to help?

ADULTS	YOUTH	MULTI-GENERATIONAL (cont'd)
Senior Adults	Senior High Youth	Internationals
Median Adults	Junior High Youth	Hearing Impaired
Young Adults	Middle School Youth	Visually Impaired
Single Adults	Elementary Youth	Learning Disabled
College students		Dysfunctional Families
Men	CHILDREN	Alcoholics
Women	Older Children	Drug Addicts
Married Couples	Younger Children	Co-dependent Persons
Single Parents	Infant to Preschool	Overweight Persons
Parents of Teenagers	Children of Single Parents	Underweight Persons
Parents of Young Children		Persons with AIDS
Grandparents	PRE-SCHOOLERS	Abused People
Divorced Parents	Older Pre-schoolers	Bereaved Persons
Widows and Widowers	Younger Pre-schoolers	Homebound Persons
Shift Workers		Sunday workers
Church Leaders	MULTI-GENERATIONAL	Veterans
Persons Involved in Ministry	New Christians	Staff Persons
Caregivers	New Church Members	
	Inactive church Members	
	Non-members who attend	
	Handicapped	

David was just willing to go and fight the Philistines who were attacking the people of Keilah. However, he needed direction of how to handle the situation.

When you are not sure of what you are to do, do as David did.

A. _____ (vs. 2)

Two things occurred

1. David asked specifically, "shall I go and attack these Philistines?"
God's response was

NOTE: When it comes to prayer, learn from David, that God does answer prayer. God does not want His chosen vessels engaging in wasted energy and efforts.

2. But David's men were afraid.

When you are not sure of what you are to do, do as David did

B. _____ (vs. 4)

God's response was for David to "Go down to Keilah, for I will give the Philistines in your hand."

Notice a very important lesson from David. He did not go off on his own. David could have taken the initiative because was a fighter. However, despite his aggressive nature, he chose to follow God's instruction.

QUESTION: Do you pray first and seek God's advice before you step out on an assignment? Do you verify if this is God's plan?

QUESTION: What assignment do you have right now that you need God's guidance? Pause right now and pray about which direction God desires for you.

SECOND POINT:

II. Expect Some type of Deception When You Are Helping People

Read I Samuel 23:6-14

David has delivered the people of Keilah. Once Saul hears that David is in Keilah, he summons all the people of war to go besiege David and his men. The very people that David helped, revealed where he was hiding.

- A. Saul summons all the people of war (vs. 8)

It has been Saul's pattern to take 3,000 men within to try and catch David. David only had about six hundred men.

- B. David calls on _____ (vs. 10)
 Because he hears that Saul is coming to destroy the city of Keilah to destroy the city of David's account.
 What questions does David ask God?
 1. _____ (vs. 11)
 2. _____ (vs. 12)
 3. God's response _____ (vs. 13)
- C. David asks, "Will the men of Keilah surrender me...?" vs. 12
 God's response _____ (vs. 12)
- D. Saul sought David every day, but God did not deliver him into his hand.

QUESTION: Explain why God did not deliver David into Saul's hand?

THIRD POINT:

III. Expect God To Affirm Your Purpose

Read 2 Thessalonians 3:13 –

What does Paul encourage you to do to maintain your spirit?

The chosen of God need to constantly be reminded that your gifts have been given to you for the work of the ministry. The exercising of your gifts, ensures that God will open doors for you to use your gifts (Proverbs 18:16).

When you are working in your purpose/assignment/ministry the distractions you will receive from people who oppose your work cannot deter you from pressing forward to fulfill destiny.

Read 1 Samuel 23:15-18

- A. Saul sought David into the wilderness of Ziph (vs. 15)
 B. God sent Jonathan, David's friend to encourage him in God (vs. 16-17)
 a. Do not be afraid
 b. You will be king of Israel
 C. Jonathan and David made a covenant before the Lord (vs. 18)

QUESTION: How important is it to have a friend like Jonathan?

QUESTION: When was the last time God sent you a person of encouragement to help you find strength in God?