



BIBLE STUDY

Deliverance and Conquering Your Demons

Lesson 5: Shaking Yourself Free

OBJECTIVE: To think through areas of our lives where demons have entered and rid ourselves of those demonic strongholds

Introduction:

Deliverance is the goal! It is the goal because the believer is called to do great things for the Lord (John 14:12). We are called to be free to do great work for the Lord, but if we are in need of deliverance, we may not fully hear or discern what the Lord desires of us. For example, you may be in need of deliverance:

1. if you were abused as a child, the spirits of rejection, fear, and hurt may come upon you.
2. if you had parents who were alcoholics, you may deal with the spirits of rejection and shame.
3. if your parents were divorced or separated, your spirit could be open to rejection and shame.
4. if you had parents who fought and argued during your childhood, your spirit could be open to confusion and fear.
5. if you have mistrust or unwillingness to get close to people, the spirits of rejection and distrust have entered in.

Be Careful: Two Ways Demons Enter

1. Demons enter a person's life through many ways. One of the most popular ways demons enter, is through one's childhood. Parents, who involved themselves in sin opened the door for their children to be exposed to demons at an early age. Demons can enter in through sin, rape, incest, verbal and physical abuse, neglect, and shame, etc.

2. Another way demons can enter a person's life is through soul ties. Demons find their way into a person's life through a relationship with another person. There can be both godly and ungodly soul ties. You need to discern which soul ties you have. Demons can be transferred this way and/or the spirit of the Lord can be transferred this way.

- A Positive Soul Tie – David and Jonathan, I Samuel 18:1
- A Negative Soul Tie – Ahab and Jezebel, I King 16:31

Application Point: Sometimes in life we are not sure of why we are the way we are, and why we aren't as progressive as we need to be. It may be due to either of the above ways that demons enter into our lives.

We Must Shake Ourselves Free

Read Isaiah 52:2 (NASB)

"Shake yourself from the dust, rise up, O captive Jerusalem; Loose yourself from the chains around your neck, O captive daughter of Zion."

The key to loosing yourself is to divorce, separate, and unhitch from.

Key Point to Note:

Please be aware that one may be saved, have received the gift and promises of the Lord, and plagued with a demon. Bondages and demons remain in the lives of believers who have made a confession of faith in Jesus Christ. Believers must loose themselves of demons by exercising authority over one's own life. One can take their life back by exercising authority through the Spirit of Christ.

The believer wants deliverance, which is designed to remove any spiritual blockages that prevent a disciple's progress to accomplish the will of God.

Read Matthew 16:19 (NASB)

"I will give you the keys of the kingdom of heaven; and whatever you bind on earth shall have been bound in heaven, and whatever you loose on earth shall have been loosed in heaven."

Deliverance Note:

1. Disciples of Jesus have the authority to bind and loose
2. To **bind** means to tie up, to confine or restrain, to hand cuff, to take charge over
3. **Binding** gives the disciple legal authority to bind sin, sickness, disease, pride, lust, fear, or confusion that seeks to try and take over one's life

Application: What is in your life that you need to get control over?

4. **Loose** means to be free, to detach, divorce, get loose, and forgive.
5. People need to be loosed from curses, family curses, shame, control, domination, manipulation, intimidation, ungodly soul ties, sins, and habits.

Application: List which one of the above that you need to be loosed from:

Shake Yourself Free From Your Past

One of the real issues of a believer's life is to shake one's self of the past. Spirits seek places in one's life and assign themselves to keep one bound to the past. Because the past leaves scars and wounds that do not completely heal, the evil spirits dwell there and infect one's life.

Read 2 Samuel 13: 1-13

When Love Fails: Love sometimes is abusive, violent, hurtful, agonizing, and painful. Oftentimes, people experience these aspects in relationships and it's called love. Well, right here in scripture among one of the most prominent families in the Bible, was a case of abuse. This happened among David's children. David's son, Amnon, rapes his sister, Tamar (vs. 14).

How do you deal with the effects of rape? How do you deal with the psychological emotions of rape that occurred in your past?

- I. Get Help! The first way to get control is to seek out help.
- II. Do not allow your abuser to have the victory (vs. 16) – Tamar stated it would be wrong to send her away.

Ramifications of not dealing with the past:

1. Blocked relationships, potential marital issues
2. Hatred of men and/or women
3. Growing with deep roots of bitterness that potentially will poison one's spirit, which leads the spirits of sickness and infirmity, i.e. cancer

Application: Pray For The Spirits to Be Loosed

Lord, in the name of Jesus, please loose me from this demon of my past that is seeking to steal, kill and destroy my life, my sexuality and my self-worth.

Lord, in the name of Jesus, loose me from hatred, bitterness, and unforgiveness. Give me the strength to loose me from blaming myself for this violation that was done to my life.

Lord, in the name of Jesus, loose me from any soul ties, spirits of weakness, or any evil spirits of trauma that want to hold me captive.

Lord, help me in the name of Jesus, to experience healthy and whole relationships.
Amen.