



# BIBLE STUDY

## Deliverance and Conquering Your Demons

### Lesson 1: Understanding The Nature of Deliverance

**Objective of Study:** Christian people are meant to live free lives. This study will focus on the grips that hold the mind, body, soul, and spirit hostage.

1. You will become aware of the grip that is holding an area of your life hostage.
2. You will learn the definition of deliverance.
3. You will learn prayers that will help you become and stay free.
4. You will learn the process of renewing your mind to walk in deliverance

**Scriptural Example:** Matthew 10:1

Jesus gave His disciples authority over:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

First Key To Deliverance is: \_\_\_\_\_

#### The Four Stages of Deliverance:

1. Understanding what is deliverance:  
Definition-the act of being set free from bondage or multiple bondages in your life.
2. Recognizing what's necessary to be delivered from the grip/hold.
3. Praying prayers of deliverance.
4. Renewing of the mind.

#### I. What Does God Deliver From:

1. Delivers From the Enemy – Psalm 18:16-17 & 46-47  
Scriptures: Psalm 31:15; Psalm 59:1-3  
Question: Who are your enemies?
2. Delivers from Demons – Matthew 8:28-34 – 2 men were demon possessed  
Scriptures: Mark 5:1-14 (Legion); Luke 4:33; Luke 8:2 (healed of evil spirits and sickness) and (Mary Magdalene - 7 demons)  
Question: What does it mean to be possessed by a demon?

- 3. Delivers from the Hand of the Wicked – Psalm 97:10-12  
Scriptures: Psalm 37:40
- 4. Delivers from deceitful tongue – Psalm 120
- 5. Deliver from being deaf and difficulty of speaking – Mark 7:32
- 6. Deliver from transgression – Psalm 39:8
- 7. Deliver from blood guiltiness – Psalm 51:14
- 8. Delivers from sickness – Luke 7:37-42 from convulsions
- 9. Delivers you to bless you – Deut 7:1-2; 7:23
- 10. Delivers from bondage – Exodus 14:30-31 from the Egyptians

**II. The Hope and Promise of Deliverance**

- Jesus said, "I came that they may have life and more abundantly" – John 10:10  
Jesus healed, delivered, rescued and set people free.  
He was using the anointing of His authority and power to set people free to live. – Mark 1:29-34
- He suffered so people could be free and enjoy His
  - 1. Healing of the sick
  - 2. Casting out devils
  - 3. Raising the dead
  - 4. Cleansing the leper
  - 5. Opening blinded eyes
  - 6. Unstopping deaf ears
  - 7. Loosing dumb tongues

**III. God’s Purpose for Deliverance**

God has reasons for granting his people deliverance. The people of God should take full advantage of being a child of God.

**First,** God wants to grant His people Peace and Prosperity – Exodus 3:17-21

**Second,** For the New Testament Christian is to receive the gospel, the good news of salvation.

**Third,** Believers are to have and be at peace: God is your peace – Jehovah Shalom – Philippians 4:8

**Write Your Concluding Thoughts About Deliverance:**

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